

Do this Not that

A Guide on How
to Talk About
Racial Injustice

*Acknowledge color then
self-regulate*

I don't see color

Why?

By being "colorblind" you are ignoring the past and current disparities between races, it is important to acknowledge but then self-regulate preconceptions based on race.

*How are
you doing?*

*I'm sorry this is
happening*

Why?

It's important to check in on your friends, students, and colleagues. Be there for them.

Black Lives Matter

All Lives Matter

Why?

It is ok for a movement to be focused, the point isn't that Black Lives Matter* more than others - it is about Black Lives should and do matter.

Do more than just listen

I'm Listening

Why?

Listening won't bring change but acting upon racial injustices will help. If you hear someone saying something racist or acting on preconceptions of Black People and POC - speak up, educate them, and work to help make change.

*I'm going to answer the call
to whatever my role is in the
solution*

So what's the answer?

Why?

The answer won't be a quick fix. It will be long term. It won't be one act, or post, or call - but rather a series of decisions, a lifetime of upstanding not bystanding.