

Teacher and Student Reflection

Reflect, adapt, and grow. These questions are designed to guide you on your path toward a more student-centered, inclusive, and supportive classroom. Use your responses for self-reflection, professional growth, and to better understand your students' experiences.

After completing the survey, have your students take it as well. Comparing your answers with theirs can provide valuable insights into their perspectives and help you align your teaching practices with their needs.

Teacher Survey

1 = Initial exploration and awareness of the practice, with room for significant growth and development.

2 = Intentional steps are being taken to implement the practice, but further refinement and consistency are needed.

3 = The practice is consistently implemented with positive impact, but there's potential for greater depth, innovation, or student ownership.

4 = The practice is deeply embedded, highly effective, and empowers students to actively shape their learning and contribute meaningfully to the classroom community.

Domain	Question	1	2	3	4
Student-Centered Teaching	Goal Setting & Reflection: To what extent do you encourage students to set their own learning goals and reflect on their progress?				
	Ownership & Unique Perspectives: To what extent do you empower students to take ownership of their learning and share their unique perspectives?				
	Elevating Student Voice & Choice: How much opportunity is there to further increase student voice and choice within your classroom?				
	Student Voice on Autonomy: How regularly do you gather student feedback on their sense of autonomy and agency within the classroom?				



Teacher Survey

Domain	Question	1	2	3	4
Cultivating Diversity as a Resource	Diverse Perspectives in Lessons: How intentionally do you incorporate diverse perspectives, cultures, and experiences into your daily lessons?				
	Diverse Representation in Materials: To what extent do your instructional materials and resources reflect the rich diversity of your students?				
	Representation & Value in Curriculum: How effectively do you ensure that all students feel represented and valued within the curriculum?				
	Student Voice on Cultural Sharing: How often do you create opportunities for students to share their cultural backgrounds and experiences to enrich the learning environment?				
Classroom Relationships	Warm & Inviting Atmosphere: To what extent have you created a warm and inviting classroom atmosphere where students feel comfortable taking risks and making mistakes?				
	Positive Relationships & Support: How actively do you foster positive relationships among students and encourage them to support one another?				
	Modeling Kindness & Respect: How consistently do you model and promote kindness, respect, and empathy within your classroom community?				
	Student Voice on Belonging: How regularly do you check in with students about their sense of belonging and connection within the classroom?				



Teacher Survey

Domain	Question	1	2	3	4
Caring Classroom Environments	Physical & Emotional Safety: To what extent have you created a physically and emotionally safe space for all students?				
	Reflective Décor & Arrangement: How much does your classroom décor and arrangement reflect the diverse identities and interests of your students?				
	Social-Emotional Learning: How proactively do you address social-emotional learning and prosocial development alongside academic growth?				
	Student Voice on Emotional Expression: How comfortable do students feel expressing their emotions and needs within the classroom?				



Student Survey

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Domain	Question	1	2	3	4
Student-Centered Teaching	Goal Setting & Reflection: How often does your teacher encourage you to set your own learning goals and reflect on your progress towards those goals?				
	Ownership & Unique Perspectives: How much does your teacher encourage you to take ownership of your learning?				
	Elevating Student Voice & Choice: How often do you have voice and choice in your learning?				
	Student Voice on Autonomy: How often does your teacher ask you how you feel about having control over your learning?				



Student Survey

Domain	Question	1	2	3	4
Cultivating Diversity as a Resource	Diverse Perspectives in Lessons: How often do your reading and activities include different perspectives, cultures, and experiences?				
	Diverse Representation in Materials: How well do the materials you use in class (books, videos, etc.) represent the diversity of the in your class?				
	Representation & Value in Curriculum: How much do you feel like you and your background are represented and valued in what you learn in class?				
	Student Voice on Cultural Sharing: How often does your teacher give you the chance to share your cultural background and experiences with the class?				
Classroom Relationships	Warm & Inviting Atmosphere: How comfortable do you feel taking risks and making mistakes in your classroom?				
	Positive Relationships & Support: How much does your teacher encourage you to support and respect your classmates?				
	Modeling Kindness & Respect: How often does your teacher show kindness, respect, and empathy in the classroom?				
	Student Voice on Belonging: How often does your teacher ask you how you feel about belonging and fitting in in the classroom?				



Student Survey

Domain	Question	1	2	3	4
Caring Classroom Environments	Physical & Emotional Safety: How safe do you feel physically and emotionally in your classroom?				
	Reflective Décor & Arrangement: How much do the decorations and the way your classroom is set up reflect you and your classmates?				
	Social-Emotional Learning: How much does your teacher focus on helping you learn about your feelings and how to get along with others?				
	Student Voice on Emotional Expression: How comfortable do you feel sharing your feelings and needs with your teacher and classmates?				

Next Steps:

This reflective tool is designed to support your ongoing growth in creating a student-centered classroom. Take time to thoughtfully review your responses and identify areas where you can further empower and engage your students.

Pay particular attention to any significant differences between your perceptions and your students' feedback. You may want to include a few open-ended questions as follow-up questions to gain deeper insights into their perspectives.

Document your reflections using your preferred method:

- Written: Journaling, notes, or a reflective essay.
- Audio: Record your thoughts and observations.
- Visual: Create a mind map, sketchnote, or infographic.