

EDUCATING THE WHOLE CHILD

How UDL and SEL Intersect

10 CONTINUING EDUCATION HOURS

COURSE INSTRUCTOR



Overview

To thrive in school and life, students need more than academics - they need collaboration, communication, critical thinking, and creativity. This course explores how Universal Design for Learning (UDL) and Social-Emotional Learning (SEL) work together to support the whole child. Instead of treating UDL and SEL as separate initiatives, we'll look at their powerful overlap and how to integrate both seamlessly into everyday instruction. When students are self-aware, emotionally regulated, and able to connect with others, they are more open to learning. You'll leave this course with practical strategies to foster academic, social, and emotional growth in every learner.



Outcomes

By the end of this course, participants will be able to...

1. Explain the components of SEL and why social-emotional learning is vital for both students and teachers.
2. Know how to integrate SEL practices throughout the day alongside UDL.
3. Understand how to create a safe environment for students where the whole child can thrive.



Lisa Bosio

Sr Educational Consultant

Lisa Bosio is a seasoned educator with over 20 years of experience and a deep commitment to supporting the whole child - academically, socially, emotionally, and behaviorally. As a consultant with Novak Education, Lisa has coached educators and facilitated professional learning for hundreds of schools and districts across the country. She specializes in Universal Design for Learning (UDL), social-emotional learning (SEL), trauma-informed teaching, and student engagement. Lisa is known for building strong, long-term partnerships and empowering teachers with practical strategies that lead to meaningful outcomes for all learners.

PREREQUISITES

Intro to UDL or equivalent knowledge.

COURSE OUTLINE

REQUIREMENTS

To complete the course, you must fulfill all requirements including reviewing required materials and completing each lesson's self-assessment. At the end of the course, participants will receive a completion certificate for 10 continuing education hours. If you are seeking CTLE, graduate credits, clock hours or additional PD requirements, [review our FAQs](#) or [contact us](#) with any questions.

Module	Objectives	Activities
1 UDL and SEL as One	<ul style="list-style-type: none"> • Understand the “what and why” of social & emotional learning • Understand how emotions and learning are connected • Understand the different approaches to implementation for SEL within the context of UDL 	<ul style="list-style-type: none"> • Watch, read and/or listen to the course lessons • Review the required and optional resources to dive deeper into the learning • Try it out! Put your learning into practice • Complete the module self-assessment
2 The Power of Environment in Learning	<ul style="list-style-type: none"> • Learn about the roles that the physical, emotional, and intellectual environments have on learning and social emotional skills • Understand how to design and create a safe and nurturing environment that supports social and emotional learning using the best practices of UDL and SEL • Evaluate your classroom culture and environment and determine how to make it safer and more nurturing 	<ul style="list-style-type: none"> • Watch, read and/or listen to the course lessons • Review the required and optional resources to dive deeper into the learning • Try it out! Put your learning into practice • Complete the module self-assessment
3 All Learning is Social and Emotional	<ul style="list-style-type: none"> • Deepen understanding of how CASEL’s five core competencies align with and enhance the Universal Design for Learning (UDL) framework. • Explore practical strategies for embedding social-emotional learning (SEL) into academic instruction to support whole-child development. 	<ul style="list-style-type: none"> • Watch, read and/or listen to the course lessons • Review the required and optional resources to dive deeper into the learning • Try it out! Put your learning into practice • Complete the module self-assessment

Courses are entirely online. To access them, you'll need a compatible web browser like Chrome or Firefox. For an optimal experience, we recommend using a desktop or laptop computer with a word processing tool or reader (i.e. Microsoft Word, Libre, or Google Docs). While our course platform is mobile-friendly, a larger screen will provide the best viewing and interactive experience. If you need personal assistance or have technical questions, you can [contact us](#) any time. Novak Education is in compliance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act (ADA).

COURSE OUTLINE

REGISTRATION

Individuals can register directly through the course site. Once registered, you will gain immediate access to the course. You will have six months to complete the course/access the materials.

If you will be paying with a PO, as an individual or as a group and require an estimate or an invoice, email Lon@NovakEducation.com.

Group pricing is available. Contact Education@NovakEducation.com for details.

Before enrolling, please review our [withdrawal policy](#).